



Support what's valuable with gifts you give.

Did you know that there is ample scientific evidence about the benefits of time spent in nature? It has been proven to reduce depression and anxiety while improving physical and emotional wellness. This holiday season (and all year round) we hope to see you out on the trails! Whether you are enjoying nature with your friends and family, with your dog, your bike, or your snowshoes, you will find serenity on the Arundel trails.

We all know how enjoyable and important these public green spaces and trail access points are in keeping all of us connected to each other and the land while keeping us grounded during the holidays. We kindly encourage you to support the ACT this Giving Tuesday!

Give \$50 or more between now and midnight on Tuesday, November 28th, Giving Tuesday, and be entered to win a Nemo tent. Celebrate the season with ACT by connecting in nature, showing gratitude, and supporting what's valuable with the gifts you give!

[Click to give today!](#)

GIVE BACK THIS GIVING TUESDAY



ARUNDELTRUST.ORG



You can help steward and sustain Arundel's preserved wild spaces, right here in your backyard, with a charitable donation to the Arundel Conservation Trust for Giving Tuesday. Every gift of every size makes a difference in bolstering the efforts to maintain publicly accessible natural land!

[Click to make a donation](#)

Give \$50 or more before midnight on Tuesday, November 28th and be entered to win a Nemo tent.

If you have already donated, we are grateful for your generosity and thank you for your investment in your community.

Arundel Conservation Trust | P.O. Box 2704, Kennebunkport, ME 04046

[Unsubscribe sammyrmills@gmail.com](mailto:sammyrmills@gmail.com)

[Update Profile](#) | [Constant Contact Data Notice](#)

Sent by info@arundeltrust.org powered by



Try email marketing for free today!